



Here's how to earn money for your HSA.

All MSD Wayne Township employees and spouses participating in the school corporation's health plan are eligible to earn money (incentives) for their Health Savings Account (HSA). When you complete the physical exam at Wayne Wellness, contributions will be added to your HSA.

Additional HSA dollars

By meeting additional metrics and standards, up to \$500 for employees and \$500 for spouses can be added to your HSA. These funds can be used to help cover qualifying medical expenses or to save and accumulate for future expenses.

The physical exam and five online Lifestyle Competency modules must be completed between July 1, 2019, and June 30, 2020, to receive the incentive. If you qualify for a reasonable alternative or health coaching, those coaching sessions must be completed by Oct. 31, 2020.

Visit mywaynewellness.com to access the five online Lifestyle Competency modules.

Questions about the Wellness Program?

Contact Shandy Brickler at shandy.brickler@wayne.k12.in.us or Amy Eaton at amy.eaton@wayne.k12.in.us.

2020 Wellness Program Incentive requirements: Here's how it works

| Requirement | HSA incentive contribution |
|---|---|
| Employee and spouse complete annual physical exam | \$300 |
| If your biometric results meet these healthy standards, you will earn additional HSA dollars*: <ol style="list-style-type: none"> BMI less than 25 or waist circumference is: <ul style="list-style-type: none"> Less than 40" for men Less than 35" for women Blood pressure less than or equal to 120/80 Hgb A1C less than or equal to 5.7 Triglycerides less than or equal to 150 | \$25 each <i>(\$100 total)</i> |
| Employee and spouse each must complete five modules of the Lifestyle Competency Program (<i>nutrition, physical activity, stress or sleep</i>). Note: The introduction module does not count toward this incentive. | \$100 |
| Total HSA dollars available | \$500 each <i>(employee and spouse)</i> |

*If you don't meet these standards, call the Wayne Wellness health coach to find out how you can earn the incentives.



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